

Understanding and Managing Diabetes: Self-Testing, Diabetes and Medication - For people who have diabetes (Part 1 of a 3 Part Series)

Satellite Conference & Live Webcast

Tuesday, October 18, 2005 • 2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern Time) • 1:00-3:00 p.m. (Mountain Time) • 12:00-2:00 p.m. (Pacific Time)

Diabetes Mellitus is a disease that is very common in Alabama, as well as throughout the world. The number of people with diabetes is growing every year, as more people are becoming obese. This program will cover the basics of diabetes care and management. It will begin with a look at what causes diabetes, followed by a consideration of risk factors, particularly ethnicity and obesity.

The importance of self-monitoring the glucose levels in blood will be discussed. The recognition and treatment of hyperglycemia (high blood glucose levels) and hypoglycemia (low blood glucose levels) will be described.

Finally, the medications used to treat Type 1 and Type 2 diabetes will be discussed. This program should give you a basic understanding of what causes diabetes and how it can be treated.

Faculty:

Dennis Pillion, PhD

University of Alabama at Birmingham School of Medicine

Dr. Pillion is the Director of Staff Education and Past Chairman of the Board of Directors for Alabama's Camp for Children with Diabetes; President of the American Diabetes Association; Birmingham Leadership Council; and Co-founder of the Diabetes Care Network of Alabama, which is a non-profit company in Birmingham, Alabama, involved in delivering diabetes education to employees in the workplace setting.

Conference Details:

Target Audience: Patients, family members and caregivers who live with and manage diabetes.

Registration: www.adph.org/alphtn

CEUs: None awarded for this program. Cost: There is no cost to view.

Satellite Technical Information: This program will be a live satellite broadcast on both Ku & C bands.

Webcast Information: Please register at www.adph.org/alphtn. To view this live webcast, you will need RealPlayer or Windows Media Player. This program will also be available as an on-demand webcast beginning Thursday, October 20th.

Conference Materials: Posted on our website before the program.

Questions For Faculty: If you have questions that you want addressed during the conference, you may fax or email those questions and a response will be given during the program.

Email: alphtnquestions@adph.state.al.us or Fax: 888-737-1972.

If you have questions about any of these conference details, call 334-206-5618 or email alphtn@adph.state.al.us

Upcoming Programs:

Diabetes Education (Part 2 of 3)
Tuesday, November 1, 2005; 2:00-4:00 p.m. (Central Time)

Diabetes and Complications (Part 3 of 3)
Tuesday, November 8, 2005; 2:00-4:00 p.m. (Central Time)

This program is sponsored by:

Vision Science Program, University of Alabama at Birmingham, Centers for Disease Control and Prevention,
UAB Vision Science Research Center, Rural Alabama Diabetes and Glaucoma Initiative and the Alabama Department of Public Health

alabama public health training network
